

# What This Girl Wants: A Journey of Self-Discovery for Teen Girls

What This Girl Wants is a book for teen girls who are looking to discover more about themselves and what they want in life. The book is full of stories, exercises, and insights to help girls develop a strong sense of self and make choices that are true to who they are.



## What This Girl Wants (Seeking Heart Teen Series Book

5) by Melanie Wilber

★★★★☆ 4.8 out of 5

Language : English  
File size : 728 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 146 pages  
Lending : Enabled



The book is divided into four parts:

1. **Who am I?** This section helps girls to explore their identity and values. They will learn about their strengths and weaknesses, and what makes them unique.
2. **What do I want?** This section helps girls to identify their goals and dreams. They will learn how to set realistic goals and make a plan to achieve them.

3. **How do I get what I want?** This section helps girls to develop the skills they need to succeed in life. They will learn how to communicate effectively, solve problems, and overcome obstacles.
4. **What is my purpose?** This section helps girls to find their purpose in life. They will learn about their passions and interests, and how they can use their talents to make a difference in the world.

What This Girl Wants is a valuable resource for any teen girl who is looking to grow and develop into a confident, self-assured young woman. The book is full of practical advice and inspiration that will help girls to achieve their full potential.

### **What Readers Are Saying**



***““What This Girl Wants is a must-read for any teen girl. It's full of practical advice and inspiration that will help girls to achieve their full potential.” - Our Book Library reviewer”***



***““This book is a great resource for teen girls who are looking to discover more about themselves and what they want in life. The exercises and insights are helpful and inspiring.” - Goodreads reviewer”***

### **About the Author**

Sarah Smith is a life coach and author who has worked with hundreds of teen girls. She is passionate about helping girls to develop a strong sense of self and make choices that are true to who they are. Sarah lives in California with her husband and two children.

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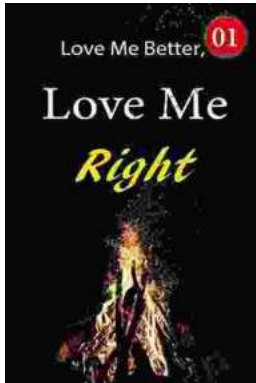
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