

# Unlock the Secrets of Single Wing Football: A Comprehensive Guide to Tom Lewis's 101 Plays



## 101 Single Wing Plays by Tom Lewis

★★★★☆ 4.2 out of 5

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In the annals of football, few offenses have captured the imagination like the single wing. With its intricate formations and deceptive running plays, the single wing has proven to be a formidable force on the gridiron.

One of the most influential figures in the development of the single wing was Tom Lewis. As a coach at Ohio State University in the early 20th century, Lewis revolutionized the game with his innovative offensive strategies.

In 1926, Lewis published his seminal work, *101 Single Wing Plays*. This comprehensive guidebook has served as a blueprint for coaches and players seeking to master the single wing offense.

In this article, we delve into the intricacies of Tom Lewis's *101 Single Wing Plays*, exploring the strategies, formations, and play designs that have made this offense so successful.

## **Delving into the Single Wing Offense**

The single wing offense is characterized by its unique formation. The quarterback lines up behind a single wingback, who is flanked by two halfbacks. The fullback lines up behind the wingback, while the ends and tackles line up along the line of scrimmage.

The single wing offense relies heavily on deception and misdirection. The quarterback has a wide range of options, including handing off to the running backs, running the ball himself, or passing the ball. The wingback and halfbacks are also involved in the deception, often shifting their positions before the snap to confuse the defense.

The single wing offense can be executed from a variety of formations, including the Single Wing, the Double Wing, and the T Formation. Each formation has its own advantages and disadvantages, and coaches can choose the formation that best suits their team's personnel and strengths.

## **Exploring Tom Lewis's 101 Single Wing Plays**

Tom Lewis's 101 Single Wing Plays provides a comprehensive overview of the single wing offense. The book includes detailed descriptions of each play, along with diagrams and coaching points.

Lewis's playbook covers a wide range of plays, including running plays, passing plays, and trick plays. The plays are organized into chapters based on their purpose, such as "Power Plays," "Deception Plays," and "Passing Plays."

In addition to the individual play descriptions, Lewis also provides insights into the overall philosophy of the single wing offense. He discusses the

importance of ball control, misdirection, and timing. He also emphasizes the need for coaches to adapt their play calling to the strengths and weaknesses of their opponents.

## The Legacy of Tom Lewis's Single Wing Offense

Tom Lewis's 101 Single Wing Plays has had a profound impact on the game of football. The single wing offense was a major force in the early 20th century, and it continues to be used by teams at all levels today.

Lewis's playbook has served as a guide for countless coaches and players who have sought to master the single wing offense. His insights into the game have helped to shape the way that football is played today.

For anyone who wants to learn more about the single wing offense, Tom Lewis's 101 Single Wing Plays is an essential resource. This comprehensive guidebook provides a wealth of strategies and insights that can help coaches and players unlock the full potential of this dynamic offense.

Tom Lewis's 101 Single Wing Plays is a timeless classic that has played a major role in the development of the single wing offense. This comprehensive guidebook provides coaches and players with a wealth of strategies and insights to dominate the gridiron. Whether you are a seasoned coach or a



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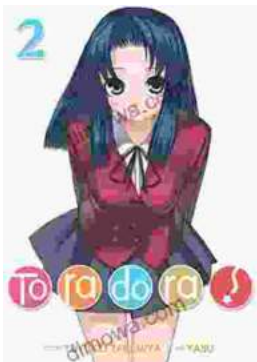
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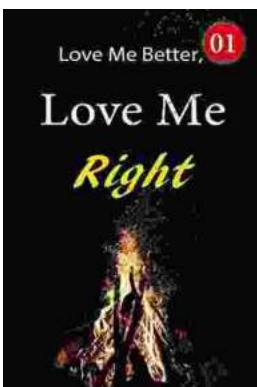
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