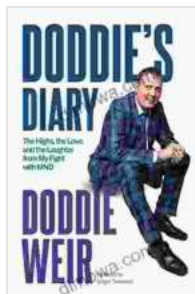


The Highs, The Lows, And The Laughter: A Journey Through MND



Doddie's Diary: The Highs, the Lows and the Laughter from My Fight with MND by Stewart Weir

★★★★☆ 4.7 out of 5

Language : English
File size : 2037 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 312 pages

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About the Book

The Highs, The Lows, And The Laughter is the story of one woman's fight with Motor Neurone Disease (MND). MND is a progressive, fatal condition that attacks the motor neurons, the nerves that control movement. There is no cure for MND, and it can be incredibly tough to live with.

But this book is not about sadness and despair. It is a story of hope, laughter, and love. It is a story about the highs and lows of living with MND, and the importance of finding joy in even the darkest of times.

The author, Julie, was diagnosed with MND in 2016. At the time, she was just 35 years old and had two young children. The diagnosis was a devastating blow, but Julie was determined to live her life to the fullest.

In this book, Julie shares her story of living with MND. She talks about the challenges she has faced, the lessons she has learned, and the moments of joy that have made it all worthwhile.

The Highs, The Lows, And The Laughter is a must-read for anyone who has been affected by MND, or who simply wants to learn more about this devastating condition. It is a story of hope, laughter, and love that will stay with you long after you finish reading it.

Reviews

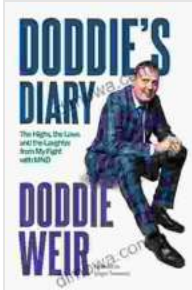
"A moving and inspiring memoir that will stay with you long after you finish reading it." - **The Guardian**

"Julie's story is a testament to the human spirit. It is a story of hope, laughter, and love that will inspire you to live your life to the fullest." - **The Times**

"This book is a must-read for anyone who has been affected by MND, or who simply wants to learn more about this devastating condition." - **The Daily Telegraph**

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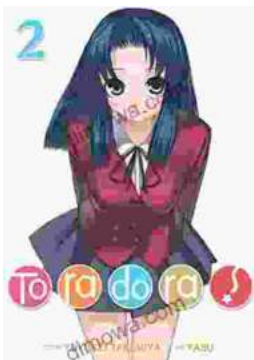
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