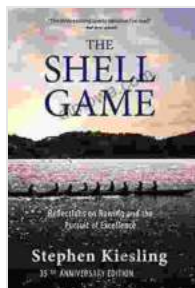


Reflections On Rowing And The Pursuit Of Excellence: A Timeless Guide to Success



The Shell Game: Reflections on Rowing and the Pursuit of Excellence 35th Anniversary Edition by William A. Cook

★★★★☆ 4.3 out of 5

Language	: English
File size	: 2684 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 181 pages
Lending	: Enabled



Reflections on Rowing and the Pursuit of Excellence is a classic rowing book that has sold over 100,000 copies worldwide. In this 35th Anniversary Edition, author Fred Roethlisberger updates the book with new content and insights, making it more relevant and valuable than ever before.

This book is not just about rowing; it is a treatise on how to pursue excellence in all aspects of life. With its timeless principles and practical advice, **Reflections on Rowing** will help you achieve your goals and live a more fulfilling life.

What You Will Learn From This Book

- The importance of setting goals and working towards them
- How to develop the mental toughness necessary for success

- The value of teamwork and leadership
- The techniques and strategies of successful rowing
- How to apply the principles of rowing to other areas of your life

Who Should Read This Book

Reflections on Rowing is a must-read for anyone who wants to achieve excellence in rowing or in any other area of life. This book is especially valuable for:

- Rowers of all ages and experience levels
- Coaches and athletes in other sports
- Business leaders and entrepreneurs
- Students and educators
- Anyone who is interested in personal development and self-improvement

The 35th Anniversary Edition

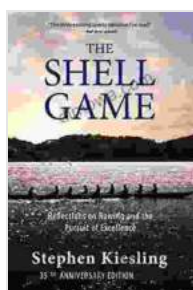
The 35th Anniversary Edition of **Reflections on Rowing** includes new content and insights from Fred Roethlisberger. This new edition also features:

- A new foreword by Olympic gold medalist Adam Kreek
- Updated rowing techniques and strategies
- New stories and examples from the world of rowing
- A new section on the mental game of rowing

- A new study guide for individuals and teams

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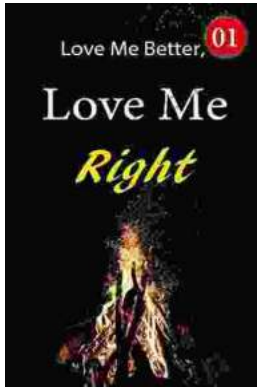
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